

## Thank You, God, for My Eyes

**Text:** Psalm 94:7-9; Proverbs 15:3; and Matthew 6:22-23

**Aim:** To teach that God made our eyes.



### Preparation

**Read Psalm 94:7-9; Proverbs 15:3; and Matthew 6:22-23. Answer the following questions:**

- Who made my eyes? (Psalm 94:9)
- What does it mean that 'God can see'? (Psalm 94:7, 9; Proverbs 15:3)
- Why should this affect the kind of lives we live?
- Does it matter what we watch? (Matthew 6:22-23)

Think about the effect your life has on the children you teach. What do they see in you? What sort of example are you to them?

Pray for each child you are teaching, that they will come to know the God who made them and sees everything they do.



### Visual Aids

**Before your lesson, gather the following visual aids:**

- A mirror.
- Pictures of animals, birds, fish and people.



### Lesson

Ask the children "Where are my eyes? Where are your eyes?" Use a mirror to let the children see the colour of their eyes.

Show the pictures of animals, birds, fish and people. Ask the children to point to the eyes. Tell the children that all of them have eyes so that they know where they are going and so that they can see all the wonderful things that God has made.

Talk about why we need our eyes – to see what we’re eating; to cross the road; to see our mummies and daddies; to find our toys; to see the beautiful things around us like flowers and birds.

What would it be like if they couldn’t see? The children can close their eyes and try to pick up something from a table.

Our eyes are wonderful; we must thank God for making our eyes.



## Activity

Choose either Activity A, Activity B or Activity C from the Media section of this webpage.

**Activity A** – Print Activity A onto paper (one copy for every child), and cut out the shaded area.

The children colour the face using a mirror to colour the irises like their own. You will need to help them with this. Ask them to look into the mirror at their eyes. What colour are their eyes? Can they see a crayon that is the same colour? They use this colour for the eyes on the craft.

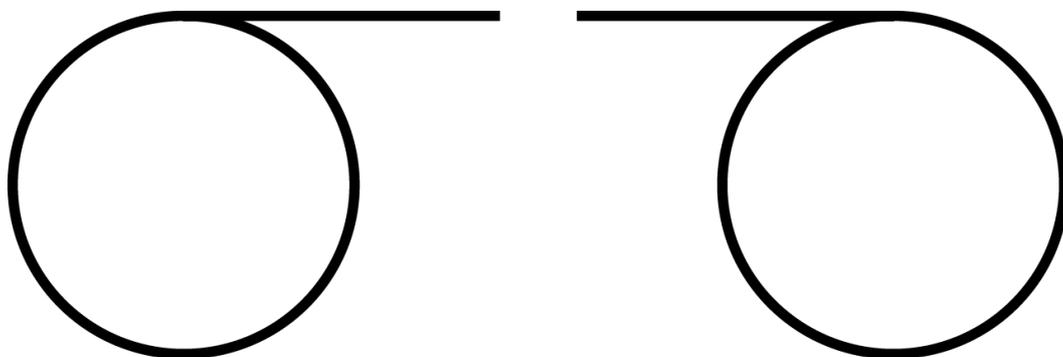
Cut the strip from the side and along the bold lines by the ears. Tuck the strip through from behind. The children gently pull the strip to make the eyes move.

**Activity B - Make a mask.** Print Activity B onto card (one copy for each child), and cut out the shaded area. The children colour in their mask – use a mirror to help them do this. What colour should the hair be? What colour should the eyes be?

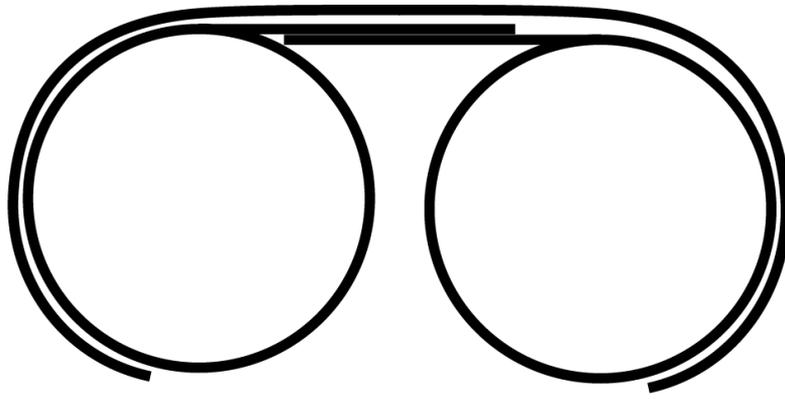
Punch a hole in the places marked ‘X’ and attach a length of elastic/wool so they can wear them. Remind them that God made our eyes.

**Activity C - Make binoculars.** Print Activity C onto card (one copy per child). Cut along the bold lines. The children decorate the middle section with crayons and stickers.

Create two tubes from the top and bottom third of the page and glue in place.



Overlap the two protruding sections of the tubes and glue them together. Glue the middle section which the children have decorated around both tubes to make the binoculars rigid.



Punch holes in the places marked 'X' and tie a length of wool through to make a loop to hang around the child's neck.



### Game Idea

**Option 1: I Spy.** Ask the children, "Who can see something green? Who can find a fish?" etc. The children point to or find and retrieve an item that fits your description.

**Option 2: Playdough.** Give each child a sheet of paper/paper plate. Help them to make a face out of the playdough. Where should the eyes go?

**Option 3: Hide and Seek.** The children hide and the leader looks for them. You could

also simply hide objects around the room and get the children to find them.

## Prayer

*Thank you, God, for making my eyes. Amen.*

You could also encourage the children to pray. They must think of one thing they like to look at because it is so beautiful. They pray, thanking God that they can see that object with their eyes.

## Reinforcement

Print the Reinforcement Slip page from the Media section of this webpage and give one slip to each child to take home. This will encourage parents to reinforce today's lesson. Alternatively, you could copy the text below and edit as appropriate for your context. This can then be printed or emailed to parents.

### **Today your child learned to thank God for making their eyes.**

To reinforce this lesson this week:

1. Hold your child's hand and turn off the light. Can they see anything? Turn the light back on. Ask "Who made my eyes?" The same can be done by covering each eye in turn.
2. Ask your child to choose a toy/book/ball. How did they know where to go? How did they know which one to choose? Who made their eyes?
3. Look at a picture book together. Who made their eyes so that they could see the pictures and read?
4. Play 'Blind Man's Bluff.' An adult will need to be blindfolded. Ask "Who made their eyes? What are they for?"

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